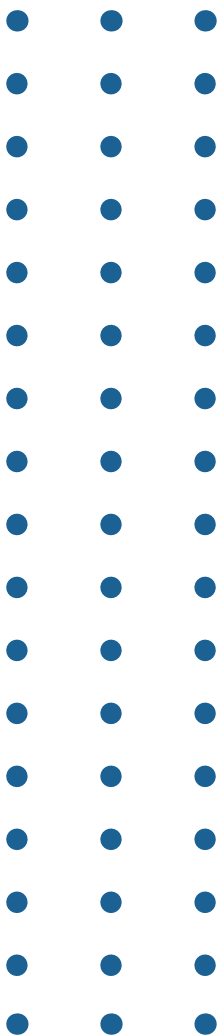


ABC

ALIGN • BRAINSTORM • COMMIT

COMBINATION PREVENTION COUNSELING



**SEXUAL RISK REDUCTION COUNSELING
PrEP ELIGIBILITY ASSESSMENT
PrEP USE PLAN**



Sexual Risk Reduction (SRR) Counseling

ALIGN

▶ Ask & Explore

How would you describe your current sexual health situation?

▶ Summarize Strengths & Challenges

It sounds like your strengths are... (being motivated, current protection strategies, positive attitude)

And some challenges you face are...(recent breakup, difficulty accessing services, intimate partner violence, drug use, depression)

BRAINSTORM

▶ Identify

What do you think would need to happen for it to feel a bit easier to (stay HIV-negative, reduce risk)

▶ Strategize

How could you see that happening?

There are a few things you may want to consider. Can I share those with you?

Generate menu of options.

MENU OF SAFER SEX STRATEGIES TO CONSIDER

Regular HIV/STI testing
Using water-based lubricants
PrEP or pre-exposure prophylaxis
PEP or post-exposure prophylaxis
Reduce number of partners
Reduce drug/alcohol use
Using clean needles and not sharing
Discuss HIV status with sex partners
Safe pregnancy/conception plan
Condom use (male & female condoms)

COMMIT

▶ Commit or Continue

Of these strategies, what would you be willing to try or continue doing from now until your next visit?

PrEP Eligibility Assessment

- Do you use condoms only sometimes or not at all?
- Are you having sex with more than one person?
- Do you have sex with people whose HIV status you don't know?
- Are you in a relationship with an HIV-positive partner?
- Do you desire pregnancy with an HIV-positive partner?
- In the past year, have you:
 - Taken PEP to prevent HIV infection?
 - Had a sexually transmitted infection?
 - Used drugs like poppers, cocaine, ecstasy, or others?
- Do you inject drugs?

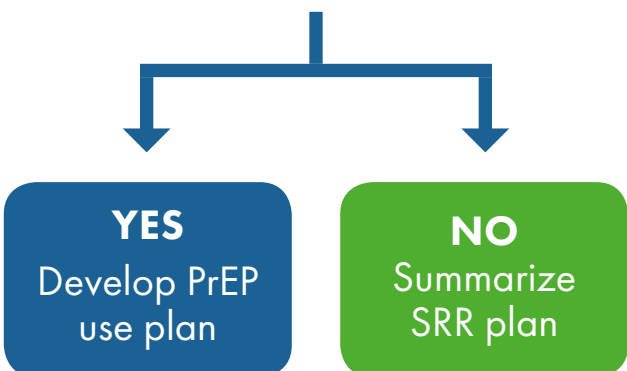
PrEP

► Introduce PrEP

PrEP is proven to reduce the risk of HIV in men and women if taken daily. Common side effects include nausea or cramping in 1:10, kidney dysfunction in 1:200, or a small decrease in bone density.

► Assess Patient Interest

Are you interested in trying PrEP?



PrEP Use Plan

ALIGN

▶ Ask & Explore

How would taking a pill everyday fit or not fit in your life right now?

▶ Summarize Strengths & Challenges

It sounds like your strengths are... (already taking a medication daily, easy to link to daily event, positive attitude)

And some challenges you have with daily pill taking are...(away from home, busy schedule, substance use, toxicity concerns, lack of privacy)

BRAINSTORM

▶ Identity & Strategize

Given what we just talked about, what kinds of things need to happen for you to take PrEP everyday?

I have some ideas from other PrEP users that may help. Can I share those with you?

Generate menu of options.

MENU OF STRATEGIES TO CONSIDER

Link PrEP to daily routine or event
(like brushing teeth)

Take at same time everyday

Identify what to do if dose is missed

Using a pillbox

Understand side effects & how to
manage side effects

Disclose PrEP use to significant other

Plan for intentional discontinuation

Using reminder alarms/texts or calendar

Have back-up supply in bag/purse

COMMIT

▶ Commit or Continue

You said you'll use this strategy. I'll check in on you about this at your next visit.